

# PROSPAN<sup>®</sup>

## Cough Syrup



Active ingredient:

### DRIED IVY LEAF EXTRACT

**SCHEDULING STATUS:** CO

**PROPRIETARY NAME (and dosage form):**

PROSPAN<sup>®</sup> Cough Syrup

**COMPOSITION:**

Each ml contains 7 mg of dried ivy leaf extract (5–7.5 : 1) as active ingredient and 0.134 % m/v potassium sorbate as preservative. Alcohol-free, Sugar-free (2.5 ml of solution contain 0.963 g sorbitol = 0.08 BU), Colourant-free.

**PHARMACOLOGICAL CLASSIFICATION:**

A 32.16 Other. Complementary medicine

**PHARMACOLOGICAL ACTION:**

Mucolytic, spasmolytic and cough relieving.

Dried ivy leaf extract liquefies mucus, relaxes convulsive cough and calms coughing. In this way, dried ivy leaf extract combats the typical complaints of bronchitis (increased formation of viscous mucus, shortness of breath and irritation of the throat). Troublesome and painful coughing is calmed, but not blocked, which is important for being able to cough up the mucus and thereby allow for trouble-free deep breathing.

**INDICATIONS:**

PROSPAN<sup>®</sup> Cough Syrup is indicated for use in acute catarrh (inflammation) of the respiratory tract accompanied by coughing and the symptomatic treatment of chronic inflammatory bronchial diseases.

**CONTRA-INDICATIONS:**

In the event of fructose intolerance, treatment should be carried out only after consultation with the doctor.

**WARNINGS:**

In the event of persistent complaints or the appearance of shortness of breath, fever as well as purulent or bloody expectoration, a doctor should be consulted immediately.

**INTERACTIONS:**

Adverse effects have not become known with the simultaneous ingestion of Prospan<sup>®</sup> Cough Syrup and other medicines.

**PREGNANCY AND LACTATION:**

Prospan<sup>®</sup> Cough Syrup has not been tested in pregnancy and lactation and should only be considered after consultation with a doctor or pharmacist.

**DOSAGE AND DIRECTIONS FOR USE:**

With enclosed measuring cup:

Infants <1 year and children 1-5 years:	2.5 ml three times daily.
Children 6-9 years and adolescents > 10 years:	5 ml three times daily.
Adults:	5 ml–7.5 ml three times daily.

Shake the bottle well each time before use.

Duration of treatment depends on the type and severity of the clinical picture. Treatment should last for at least seven days even in minor inflammations of the respiratory tract. Treatment with Prospan<sup>®</sup>

Cough Syrup should be maintained for 2–3 days after symptoms have subsided, in order to ensure lasting success of therapy.

**SIDE-EFFECTS AND SPECIAL PRECAUTIONS:**

Side-effects:

In rare cases, Prospan<sup>®</sup> Cough Syrup may have a laxative effect due to the content of sorbitol in the product.

Special precautions:

See "Contra-indications" and "Warnings".

**KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:**

No known symptoms of overdose.

**IDENTIFICATION:**

Light brown, slightly cloudy syrup with sweet, fruity taste and an odour of cherry. Prospan<sup>®</sup> Cough Syrup contains a plant extract (natural herbal product) as the active ingredient and its colour can therefore occasionally vary. This, however, does not affect the therapeutic effectiveness of the preparation.

**PRESENTATION:**

Prospan<sup>®</sup> Cough Syrup is packed in amber glass bottles of 100 ml and 200 ml.

**STORAGE INSTRUCTIONS:**

Store below 25 °C.

 KEEP OUT OF REACH OF CHILDREN.

**REGISTRY NUMBER:**

027828

**NAME AND BUSINESS ADDRESS OF APPLICANT:**

**CAMOX PHARMACEUTICALS (PTY) LTD.**

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Johannesburg,  
South Africa.

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